

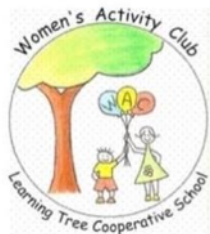
# WAC ON TRACK

July/August 2023

- \* Hello Summer!
- \* Tomatopalooza in Full Swing!



[www.wac.ch](http://www.wac.ch)  
Winterthurerstrasse 18, 8610 Uster




**1997**  
ESTABLISHED

**150+**  
CHILDREN

**40+**  
NATIONALITIES



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# Letter from the Editor

Hello All,

And a very warm welcome to the last WAC on Track this school year. The time has flown by and there has been so much going on. You can read the latest from the club, school and our library in this edition, not to mention the fruitful endeavours of the Tomatopalooza team!

Huge thanks to everyone who has contributed, not only to the WAC on Track but to the club and school in general. We are so grateful for all of your hard work.

And all that remains is to wish all of our members a sunny and relaxing summer, we'll see you again soon :)

Tamsin 



# MEETING FOR NEW MEMBERS

**WELCOME  
ON BOARD  
THE WAC!**



get to know more  
about the WAC

ask any questions  
that you have

meet fellow new  
members

**When: Thursday August 31 from 9:30 to 11:00 A.M.**  
**Where: the WAC Club Room**

**To confirm that you'll attend contact Amanda Carr**  
**E-mail: [Membershipwacuster@gmail.com](mailto:Membershipwacuster@gmail.com)**  
**Tel.: +41762278828**



**Children are  
welcome to join !**

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## The WAC in July



1st (10am - 12am)	Cupcake making workshop
3rd (4.30pm)	Story telling and animation
6th (5pm)	Preschool graduation
7th (7pm)	Morning Book Club meeting
9th (10am-4pm)	Hairdresser
10th (4.30pm)	Story telling and animation
12th (12pm)	English Accievers and Flyers graduation

## 17TH JULY - 20TH AUGUST SUMMER HOLIDAYS

17TH JULY - 20TH AUGUST ALGORITHMICS HOLIDAY CAMP

## The WAC in August

22nd (8pm) Evening Book Club

### 27TH (2PM-5PM) SUMMER PICNIC

30th Back to School Bake Sale  
31st (9.30am) New member welcome meeting



CODING KNIGHT, MONDAYS 5.45PM-6.45PM

SWISS GERMAN, TUESDAYS 2PM-3PM

PILATES, WEDNESDAYS 7PM-8PM

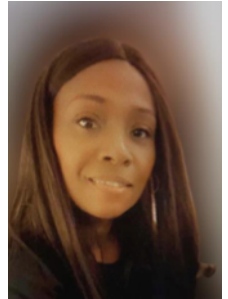
PLAYGROUPS, WEDNESDAYS & FRIDAYS

9.30AM-11.30AM


For any questions contact leva ([com@wac.ch](mailto:com@wac.ch))


# Note from the Board

Dee Brown, Business



Hi there WAC members,

We are in full sunny Summer mode. 

It feels like we bypassed the warm Spring weather and went straight to the heat 

.... with that, I hope everyone is keeping hydrated and healthy.

Over the last few months the Board has been busy with member changes.

We are now fortunate to have a full Board.

I decided to step down from Board Events and take on the Business Board role.

As this role had been previously vacant, this would enable an opportunity to gather financial support for our non-for profit.

The Business role is responsible for funds coming into the club through various sources such as room bookings, bake sales and additional activities and courses.

We are looking to introduce new activities and courses that include:

- Children cooking classes
- Adult painting classes
- Adult Yoga classes
- Candle making classes
- Pottery painting classes
- High German conversation classes

We would also like to continue to showcase the businesses and talents of our members.

If there are any courses/activities of interest, please let us know.

The clubroom currently hosts a number of successful events during the year and we would like this to continue.

If you are planning an event, whether big or small, our club room is available to you and your family/ friends. The maximum capacity is 50 people inside the clubroom and kitchen area.

On a personal note, I have also been busy studying. I've decided to add some more strings to my bow by completing some short courses, for a possible career change. 🧑🎓

I have also developed a small green finger with the arrival of 2 new tomato plants "Tomarco & Tomiko". via the Tomatopalooza group run by Exterior Chair Kellie Hüsler.

I have actually enjoyed looking after them more than I thought I would. It's become a real family affair with my daughter and husband often checking to see how the new additions are doing.



You can find me at the WAC most Wednesday afternoons, feel free to contact me if any questions.

I am wishing you a fantastic fun-filled Summer season and would lastly like to thank you all for your continued support.

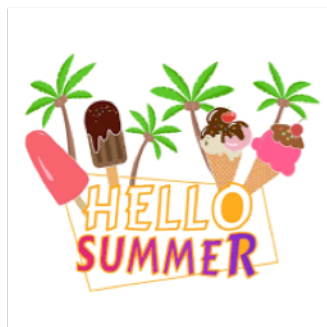
We could not do this without all your time and efforts. It is very much appreciated.

All best  
Dee





## Learning Tree Cooperative School



Finally, summer is here and the start of our much-anticipated holidays. Another successful school year has come to an end!

We enjoyed this past school year and are excited to see what the next school year brings us. We would like to thank all the **parents** and **children** for making this school year a fruitful and a happy one and to everyone who played a part in yet another successful school year. Our gratitude goes to the **Board** - both past and present.

The teachers and I would like to say a BIG thank you to our **PTA head Denise Kempshall**. A lot would not be possible without you and we appreciate all the support you have given us! Denise will be stepping down as head of the PTA. If you are interested in being part of the PTA team, kindly contact me.



We also say farewell to our **English Achievers 6 students**. May you have a shining future ahead and may you be victorious in all spheres of your life. We look forward to hearing regular news of your achievements. Most of you have been with us from preschool days and we will miss you!



The enrolments for next school year are going on and a minimum number of enrolments are required for all our classes to go ahead. Thank you to those that have already enrolled. For children

presently enrolled and wishing to continue, kindly do not forget to **re-enroll** your children. If there is any problem with regards to the class schedule or enrolment, please do not hesitate to contact either the teachers or me. Invoices for the new school year will be sent out in July/August confirming the admission.

Preschool Graduation	6 July
English Achievers 6 Graduation	12 July
Last day of school	14 July
Summer Break	17 July - 18 August
School re-opens	21 August

Please remember that the school office will be closed over the summer holidays (July 17 - August 18). I will be back in the office in August and you can reach me via email at [ltcschool@wac.ch](mailto:ltcschool@wac.ch).



We all look forward to seeing you all after the summer holiday!  
Swapna

**ENJOY YOUR SUMMER  
BREAK!**





*Our school is looking for*



We would not be able to do what we do without your support. If you are interested in becoming part of the PTA, please send an email to [ltcschool@wac.ch](mailto:ltcschool@wac.ch). Any amount of time you can give to the PTA will always be well received. Thank you!

**Kindly note our teachers' new email addresses.**  
**LTC School Teaching Staff Contacts**  
**School Year 2022/2023**

<b>Name</b>	<b>Email</b>	<b>Classes</b>
<b>Sharon Billing</b>	sharon.wacuster@gmail.com	<b>Preschool</b> Mon,Tue, Fri <b>Explorers</b> Thu,Fri <b>Lunch Club</b> Mon,Tue,Thu
<b>Sue Mailley -Smith</b>	sue.wacuster@gmail.com	<b>Preschool</b> Thursday <b>Creative Movers</b> Tuesday
<b>Ashley Smith</b>	ashley.wacuster@gmail.com	<b>Creative Movers</b> Monday
<b>Andrea Schuemperli</b>	andrea.wacuster@gmail.com	<b>WACKelöhrl Spielgruppe</b> Thursday afternoon
<b>Rose Nassif - Travers</b>	rose.wacuster@gmail.com	<b>English Flyers</b> – Starters and Movers
<b>Kate Eibeck</b>	kate.wacuster@gmail.com	<b>English Accelerators, English Flyers</b> -Racers and Sprinters
<b>Carol Conzelmann</b>	carol.wacuster@gmail.com	<b>English Achievers</b> 1,2
<b>Yvonne Bernet</b>	yvonne.wacuster@gmail.com	<b>English Achievers</b> 3,4
<b>Caryn Leuthardt</b>	caryn.wacuster@gmail.com	<b>Explorers</b> – Mon,Tue <b>English Achievers</b> 5,6
<b>Susan Junod</b>	susan.wacuster@gmail.com	<b>Assistant teacher</b>



# Outgrown fancy dress?

**Please donate your child's outgrown costumes and accessories.**

Donations can be dropped off at the school office. Thank you for supporting your school!





# cupcakes and crafts @ the WAC

Winterthurerstrasse 18  
8610 Uster

Get ready for summer-  
come bake and  
decorate a  
beach cupcake!

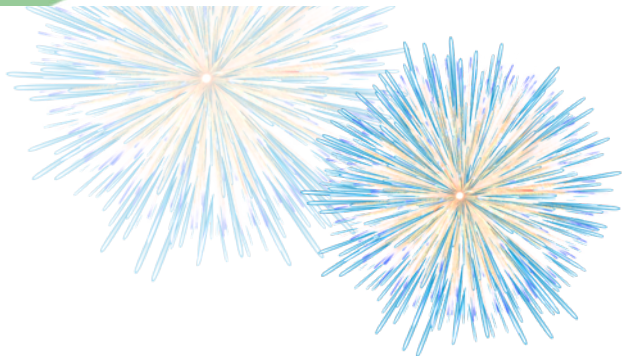


CH30  
members  
CH40  
non-members

Saturday  
1.07.23  
10 - 12:00

Register:  
Jane  
079 317 0453

ages  
4 - 8



# The WAC's Welcome

## Back To School BAKE SALE

Wednesday  
30th  
August 2023

2pm-5pm



[www.wac.ch](http://www.wac.ch)  
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COME & JOIN US FOR THE WAC

# ANNUAL SUMMER PICNIC

SUNDAY, 27TH AUGUST

02:00PM - 05:00PM

LOCATION TBC

*Events*

Mini-sports day, prizes & raffle and  
other surprises!

Light snacks and drinks will be provided.  
Bring a dish to share and your own blanket.

Free for members  
Non-members: CHF 12 for 2 adults & 2 children

Contact:

**Event.wacuster@gmail.com**

Sign up before August 21st

www.wac.ch  
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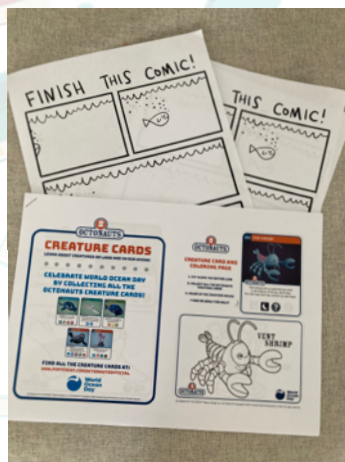
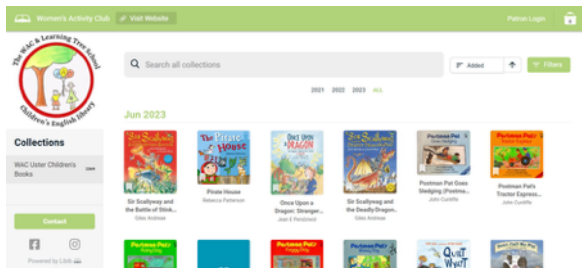
# Library News

June was an exciting month for the library. We celebrated it as the Ocean month with a bookshelf dedicated to all things living in seas and oceans - sharks, whales, dolphins; we learned the Underwater Alphabet; followed Octonauts to their fascinating missions. The children had a chance to try their hands at Ocean related crafts - finish the comic strip or have a go at coloring ocean creatures. We also organised a Friday movie night and watched 'Octonauts and the Caves of Sac Actun'.

With the beginning of July the library is getting into the Summer Reading vibes. While packing for holidays don't forget not only your sun hats, shades or sun lotion, but also books! Library has plenty of summer reads to offer to all reading levels and a variety of subjects to please the most choosy bookworms. There are even a few new books joining our shelves - some graphic novels, adventure island mysteries and other fascinating stories.

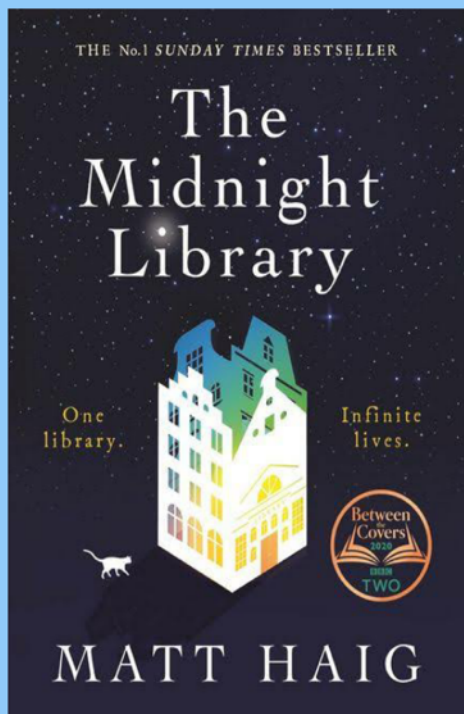
The most exciting news - the WAC library is ONLINE! Head to [library.wac.ch](http://library.wac.ch), have a snoop around and pick your next favourite story. If you have any questions, contact us at [library.wacuster@gmail.com](mailto:library.wacuster@gmail.com).

Happy Reading!  
Your Library team





# Morning Book Club



## **Turandot**

Aathalstrasse 5,  
8610 Uster

**Friday, 7th July**  
**@ 7pm**

Free for members  
(others chf 5 per session)

Register via [com@wac.ch](mailto:com@wac.ch)

# Readers Gone WAcKy Book Club

**August 22nd**

"The Magician" by  
Colm Tóibín

**October 3rd**

"Age of Vice" by  
Deepti Kapoor

**November 14th**

"The Paris Bookseller" by  
Kerri Maher

**Tuesdays at 8pm**

**December 5th**

"Convenience Store  
Woman" by Sayaka Murata

**January 16th**

"Yellowface" by R. F. Kuang

**February 6th**

"Gun Island" by  
Amitav Ghosh

**March 12th**

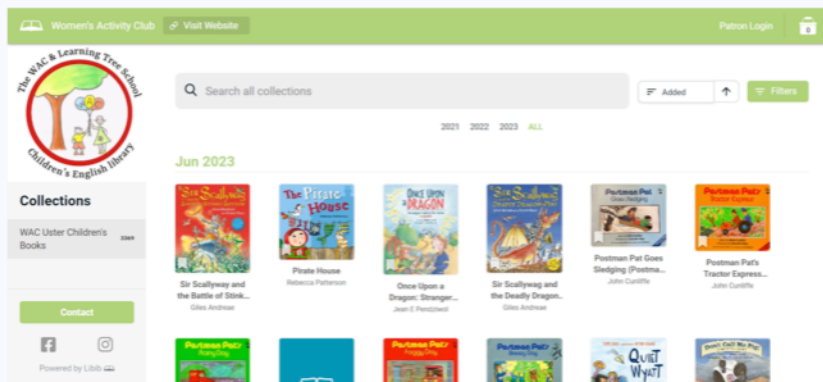
"The Immortal Life of Henriette  
Lacks" by Rebecca Skloot







# WAC LIBRARY IS ONLINE!



Fully searchable with all the library books  
Visit:

## LIBRARY.WAC.CH

For additional information email:  
[library.wacuster@gmail.com](mailto:library.wacuster@gmail.com)



## My Daughter

My daughter has a serious and potentially life-threatening illness. She's been ill for almost two years and is now in

hospital for the second time. She was admitted in March as an emergency case.

When her condition is stable enough, she can come home for a couple of nights. But as her symptoms are unpredictable and difficult to manage, it can be a challenge. She has some good days at the hospital, especially when she has other young people around her who understand what she's going through.

I'm working hard with all the professionals involved in her treatment. Sometimes it's hard to stay positive, especially when she has bad days and new symptoms of her illness appear. I have to accept how things are right now, and remain hopeful for her future.

She's not had many visitors at the hospital, and some of my family, friends and neighbours don't ask me how she's getting on or how I'm coping.

I have a strong belief that people are kind and caring, and we are all doing our best. But there are a lot of misconceptions and a lack of understanding about her illness, which makes it hard for everyone.

Because my daughter isn't in a hospital. She's in a clinic.

Her illness is depression.

*This is the first in what I hope to be a series of short articles about mental health and hidden disabilities. I'm not an expert but I'd like to share my experiences, in the hope of encouraging transparency and acceptance.*

*If you have any comments, please drop me an email:*

[WOTmentalhealthtransparency@gmail.com](mailto:WOTmentalhealthtransparency@gmail.com)



Algorithmics

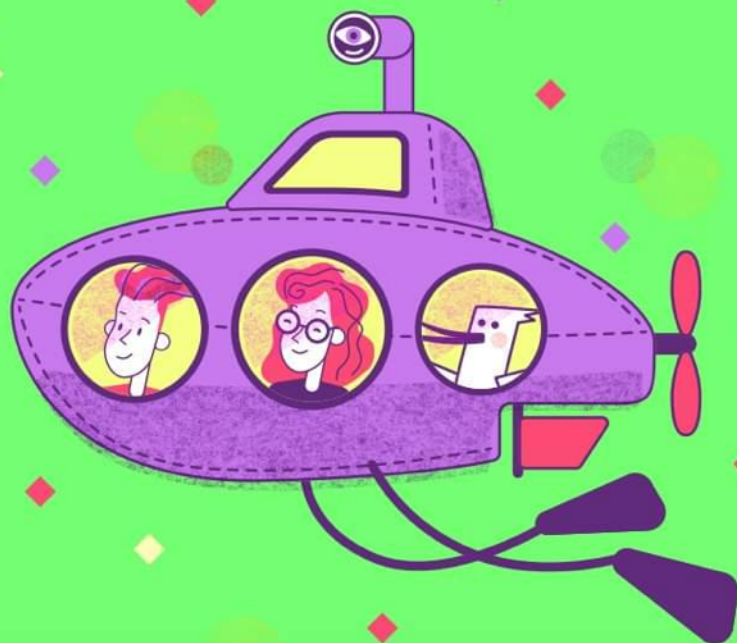


SCAN ME

# Holiday camp

For kids aged 7-12

All top IT professions  
in a single vacation





# International Day at the WAC

Celebrate with us by volunteering

Teach a local  
dance!

Run a craft  
session!

Prepare a food  
stand!

or lets play  
your national  
game!

**When:**

**Sunday September 17th 2023 from 11a.m. - 3p.m.**

**Where:**

**Winterthurerstrasse 18, 8610 Uster  
[www.wac.ch](http://www.wac.ch)**

**to volunteer contact [Ana:event.wacuster@gmail.com](mailto:Ana:event.wacuster@gmail.com)**



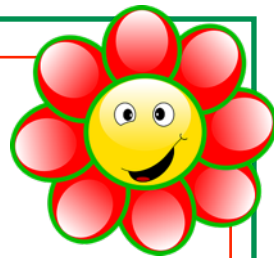
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## Growing Together: Tomatopalooza

by Kellie Huesler

Our seedlings are growing! ...and not only that, but absolutely flourishing! Some have gotten quite tall and lanky while others have remained short and stout. Either way, I think we are all bound to have a mega tomato harvest this season. What started as itty-bitty seeds in late March, are now thriving plants that are beginning to bulk up as we roll into the summer months. These recent hot days have definitely spurred on the growth. A couple of show off plants are even already setting fruit!

The enthusiasm in the group is beyond infectious. The chatter is constant, both in-person and within the WhatsApp group. Everyone is supportive and encouraging, and it's a beautiful thing to witness and be part of. Questions that arise are being answered by the Tomatopalooza community and when there's a stump, good ol' google is there to help out. I love the common bond of gardening that has brought many of us closer together. Plus, including the kids in this journey is teaching them so many valuable lessons that go beyond the classroom. Many are learning what the term "overwatering" means. :)

We had our Tomatopalooza 2.0 extravaganza on Wednesday, June 28th from 3-4pm. In addition to a Q&A session, we discussed topics such as pruning, staking, pests and diseases, and the importance of continued fertilization.

The cutest and most unexpected thing to come out of this group is the trend of naming the plants, or "babies" as they've been affectionately dubbed. Here's a sampling of some of our named babies and their included corresponding photos.

As the growing season ramps up, I couldn't be prouder of everyone involved in this process! I know it's early days and some might say I'm an optimist, but I really feel we are going to have a great success with our little tomato babies!





Bill and Ben with their pals  
Marigold and Basil



No Name



Vitamin C and Potassium



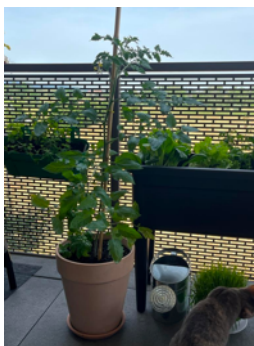
Aether, Lumine, Thoma and Ayato



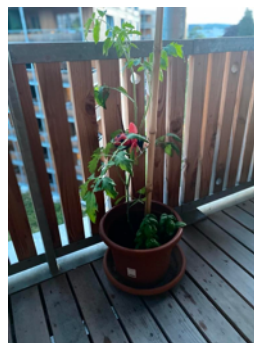
Tomarco and Tomiko



Paradajz



Thomas and Zelda the Cat



ToMia



Miss Thomasin Caprese



Thor and Baldr



Tomaytee and Prey



TomTom



Soon again in Uster ZH  
at the WAC, Winterthurerstr. 18

## How the Swiss work

integration seminar with professional presentation,  
useful handouts, lots of information and time for Q/A

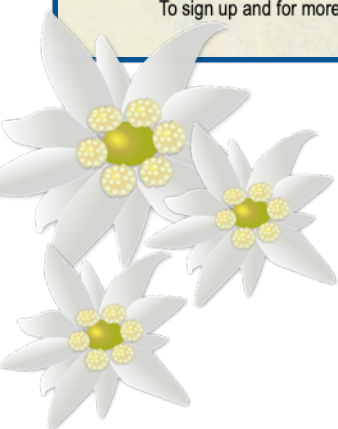
**Topics covered:** general information, Swiss school system from kindergarten to apprenticeship/university, school customs, dos and don'ts, Swiss manners, local customs and food, unwritten "rules" in daily life (e.g. with neighbours), social faux-pas, and much more!

**3.5 hour-seminars usually take place in April and September  
or ask for private consultation/group meeting at a time and place that suits you**

Taught by **Mirjam Egli-Rohr**, a **native Swiss**, teacher in the Swiss school system, experienced in personal development training and a trained coach for English-speaking people  
(for more about Mirjam, go to "[www.coaching-lounge.ch](http://www.coaching-lounge.ch)" or pick a flyer in the WAC-clubroom)

**Early bird rate: 55 CHF** plus 5.- for a small Swiss snack ☺  
(Early bird ends two weeks ahead, after that: 60.- plus snack)

To sign up and for more information and references please contact Mirjam:  
[info@coaching-lounge.ch](mailto:info@coaching-lounge.ch)





# FAMILY HAIRCUT

Sunday 10 am - 4 pm

09 JULY 23

Text or WhatsApp to 076 282 96 37  
Book your time now !!



## FAMILY HAIRCUT PRICE LIST

Bangs : CHF6

Children: CHF 15-25

Male: CHF 25-35

Female: CHF 35-50

All service is dry cutting, no shampoo or stylings







## WAC International Family Club & Learning Tree School, Uster

**Are you looking for a place where you and your kids can socialise with other English speakers? Then this is the place for you!**

Courses for adults and children

Support for expat families settling into Switzerland

Parent-child playgroups

Classes in English for native and non-native speakers from 2-14 years old

Library of English books

Spielgruppe in Swiss-German

Lunch Club

Halloween, Christmas and BBQ parties

An international environment for Swiss families

[www.wac.ch](http://www.wac.ch)

Find us on Facebook!

043 305 9250

[info@wac.ch](mailto:info@wac.ch)

